



**Minimally Invasive
Urology Institute**

The Miriam Hospital

Lifespan. Delivering health with care.®

Your BPH Symptom Score

To check your BPH symptoms score, complete the following questions based on your experience over the past month.

Circle your answer and record your score in the right column.

	not at all	less than one time in five	less than half the time	about half the time	more than one time in five	almost always	YOUR SCORE
Over the past month, how often have you had the sensation of not emptying your bladder completely after you finished urinating?	0	1	2	3	4	5	
Over the past month, how often have you had to urinate again less than two hours after you finished urinating?	0	1	2	3	4	5	
Over the past month, how often have you found you stopped and started again several times when you urinated?	0	1	2	3	4	5	
Over the past month, how often have you found it difficult to postpone urination?	0	1	2	3	4	5	
Over the past month, how often have you had a weak urinary stream?	0	1	2	3	4	5	
Over the past month, how often have you had to push or strain to begin urination?	0	1	2	3	4	5	
Over the past month, how many times did you most typically get up to urinate from the time you went to bed at night until the time you got up in the morning?	0	1	2	3	4	5	

0 to 7 = Mild Symptoms

8 to 19 = Moderate Symptoms

20 to 35 = Severe Symptoms

YOUR TOTAL SCORE:

If you were to spend the rest of your life with your urinary condition just the way it is now, how would you feel about that?	Delighted 0	Pleased 1	Mostly Satisfied 2	Mixed 3	Mostly Dissatisfied 4	Unhappy 5	Terrible 6
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This assessment is only a guide for determining the severity of your symptoms. Regardless of the assessment results, if you are experiencing symptoms that are worrisome or interfering with your everyday activities, contact a specialist at the Minimally Invasive Urology Institute. We can discuss all the available treatment options to help you return to the activities you enjoy most.

To make an appointment, call 401-793-5400 or visit MIUtmh@lifespan.org.