

Home is Best



There's No Place Better Than Home to Heal.

*Home is family. A favorite chair. A pet. Where your friends can find you. It's quiet when you want it, and louder when you turn up the volume. That's why **Home is Best** to get you back to your life as soon as possible.*

At Lifespan, we strive to ensure that *Delivering health with care* can continue at home. A recent national study showed that patients who were discharged directly home and those who entered a skilled nursing facility after their hospital stay experienced the same functional outcomes.*

Why delay with a stay somewhere that promises to **feel** like home when you could **be** at home? A recovery at home:

- Includes regular appointments with a high-quality, skilled care team equipped with a care plan tailored to your needs
- Is in a familiar, comfortable, and safe environment
- Offers quiet and privacy
- Allows you to make your own schedule, including when and what you eat
- Allows for visitors when you want
- Gives you peace of mind
- Permits family and loved ones to be close

Ask your care team if a recovery at home is your best option for getting better.



What's best for you?

Before your discharge, you and your care team will work together to identify which level of care is right for you. There are options designed for your specific needs and abilities in a variety of settings. To learn more about the options that are best for you, please scan this QR code.

*Rachel M. Werner, Norma B. Coe, Mingyu Qi, R. Tamara Konetzka, "Patient Outcomes After Hospital Discharge to Home with Home Health Care vs. to a Skilled Nursing Facility," LDI Research Brief, no. 1 (2019).